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*Keep reading to stay informed on events and happenings at Foster Adopt MN, as well as information about our programming and ways you can help with our mission of finding and strengthening Minnesota adoptive, foster care, and kinship families.*



## September is Kinship Month

In celebration of Kinship Month, Foster Adopt MN will be hosting a free Self-Care & Resource Fair for Kinship parents & caregivers at our St. Paul office on Thursday, September 19th, 1:00 - 7:00 PM!

Please join us for resources, community, self-care opportunities, and visit our Foster Adopt Shop.

Guests will be treated to food, self-care gifts, prizes and more!

**Registration opens mid-August! Stay tuned for more details.**

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## Let's Talk: Back-to-School Series

Tune in as we gear up for Back-to-School!

 [Preparing for School with Brenda Benning](#)

 [Homework for Parents with Maureen Morrow](#)

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## BOGO DEAL: Pre-Recorded Webinars

Take advantage of our BOGO deal for pre-recorded webinars.

**Use code: B2SBOGO**

Valid through September 30

[View Webinars](#)

Gear up for  
**BACK TO SCHOOL!**

**BUY 1, GET 1 FREE  
PRE-RECORDED WEBINARS  
USE CODE: B2SBOGO**



## Opt-in to Text Messaging

Sign up to receive text updates of current events and happenings at FAM, new resources, community connections and more!

SIGN UP TODAY!

## Featured Children: Meet Reynaldo & Matias



**Reynaldo (Rey), 16**, is creative, silly, and affection. Rey enjoys all creative and artistic endeavors including making models of animals with foil and pipe cleaners. He is especially interested in sea animals and fish. In the summer months, he enjoys being outside spending time fishing, looking for bugs and worms, and drawing with sidewalk chalk. Rey also enjoys the winter months and getting to play in the snowbanks and going on walks through the woods.

**Matias (Matty), 14**, loves music, dancing and also has a silly side at times. Matty enjoys reading, jigsaw puzzles, snap-circuits, and anything mechanical. Most of Matty's preferred activities are done indoors, but he also enjoys spending time exploring the outdoors with his brother on occasion. Matty loves to help in the kitchen and can read and follow a recipe with assistance. He loves chicken nuggets, french fries, and pizza.

Rey and Matty will need to maintain contact with their sibling.

Only Minnesota families are being considered at this time.

Learn more about these siblings!

## Find HELP with Back-to-School Transitions

As the calendar turns over into August, many of us are fitting in what we can to the last weeks of summer fun.

And... many are looking forward to, many are groaning at the thought of “back-to school.”

The [HELP Program](#) at Foster Adopt MN is here to support no matter the reaction you or your kids are experiencing right now.



Tools and support around transition planning are so important to have a head start on, to be reminded of, to feel a little more prepared with when it comes to this back-to school time. Kids and teens who are adopted, have experiences in foster care or familial separation often are experiencing some complex layers when it comes to transitions.

## Resources from the HELP team on this topic:



[Supporting Transitions](#) - Beacon House

[Effective Back to School Strategies for Parents](#) – Beyond Consequences, Institute

[Back to School – What Parents and Educations Should Keep in Mind](#) – Center for Adoption Support & Education

[School Concerns Fast Fact Sheet](#) – Foster Adopt MN & Stephanie Mestery, LCSW

[School Challenges Section](#) – Foster Adopt MN Webinar Library



Could you use more support on topics like this? Looking for an adoption, trauma, attachment competent therapist? Looking for supports in your community that really understand and can help you with your unique needs?

Please reach out directly to the HELP Program at 612-746-5137 or [\*\*help@fosteradoptmn.org\*\*](mailto:help@fosteradoptmn.org).

We are here to intently listen and get you to a new spot of hope and tangible supports!

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**Foster Adopt Shop:  
How to Donate**

**Permanency Services  
Resource Hub**



We're seeking to increase our inventory for our Foster Adopt Shop. All new items for children 0-18 are appreciated, including clothes, toys, books, outerwear, sports equipment, toiletries, etc.

Find out [how to donate](#) through Amazon or locally.

***In need of items?*** [Fill out the form.](#)



The [Permanency Services Resource Hub](#) is a new centralized tool and site to find a wide range of resources and support services for the kinship, foster and adoption communities across Minnesota and the professionals who serve them.

[View available resources](#)

## Back-to-School Shopping Event

# Thank you donors!



200  
kids

Thanks to YOU, 200 kids  
in foster care get to go  
back-to-school shopping



**FOSTER ADOPT MINNESOTA**  
BACK-TO-SCHOOL SHOPPING EVENT

Thank you to our generous sponsors and individual donors for making our 6th Annual Back to School Shopping Event a success!

We raised \$40,000 providing 200 children in foster care with a shopping trip for back-to-school. We could not do this without everyone's support!

**Nominations Open for  
Foster Adopt Minnesota's  
2024 Distinguished Service Awards**



This is your chance to acknowledge those who have dedicated their personal or professional lives to making a difference in this work.

As part of Circus of the Heart, two Distinguished Service Awards are presented to individuals and organizations/corporations that have made outstanding contributions within the Minnesota adoption, foster, and kinship communities.

The following criteria will be taken into consideration when reviewing nominees:

- Type of contribution
- Impact of contribution
- Length of service or commitment

Nominations will be accepted through September 16, 2024.

Submit Your Nomination

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## August is National Black Business Month

This is a time to honor, appreciate, and support Black-owned businesses, both locally and nationally. Click the links below to learn how you can support Black-owned businesses this month and beyond.

[Twin Cites Black-owned businesses](#)

[Minnesota Black-owned business directory](#)

[Black-own ecommerce businesses](#)

[Black-owned businesses on Amazon](#)

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Information and resources for the foster, adoption, and kinship communities in Minnesota and the professionals who support them.

The Zero Kids Waiting Program is the gateway to information about adoption, foster care, and kinship in Minnesota.

Support, guidance, and resource connection for Minnesota's adoption, foster and kinship communities

Information, resources, and referrals regarding post-permanency support in Minnesota.

Our Education Program provides workshops on topics relevant to foster, adoptive, and kinship families.

Provides information and referral to adopted persons, birth families, and adoptive families who need records or have questions about the search process.



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