

Keep reading to stay informed on events and happenings at MN ADOPT, as well as information about our programming and ways you can help with our mission of finding and strengthening Minnesota adoptive, foster care, and kinship families.

Make a donation

Get to know us



Meet Suni

How long have you been with MN ADOPT and what is your role?

I started with MN Adopt on August 1st as an Education Coordinator. As an adoptee, I am thrilled to be part of a team that directly supports the adoption and foster care community.

What do you like to do for fun?

I love to eat 99% of food... 100% of food dressed in garlic. I also enjoy jogging, binging old sitcoms, and playing old lady volleyball. I recently moved to Minneapolis. If you know of anyone looking for a mediocre volleyball player, please send them my way.

What is your favorite season, and why?

Spring – because it seems like everyone joyfully wakes up from their frozen comatose state to take a breath of sunshine.

MN ADOPT Staff

MN ADOPT: Then and Now

Welcome to our new 5-part series, MN ADOPT: Then and Now.

MN ADOPT is embarking on a new and exciting chapter in 2023! As we look to the

future, we want to highlight some key moments and accomplishments from the past 42 years.

PART 1: THEN

Founded in 1980 as Citizens Coalition on Permanence for Children, in a garage by a group of adoptive and foster parents who were concerned about the trauma experience by Minnesota children in foster care. At the time there was limited advocacy and recruitment efforts, with most kids in foster are aging out of the system when they turned eighteen.



The State Adoption Exchange Begins - During this time, our first state contracted was awarded in 1982 to develop, design and distribute a photo listing Magazine of Minnesota children in need of adoption. This was a hug step forward for in creating a collaborative effort among DHS, private agencies, and counties in advocating for Minnesota children.

Introducing Storytime with Kayla



Kayla is MN ADOPT's Education Outreach Coordinator. Kayla is a former elementary

school teacher, and she is thrilled to bring storytime to you! We have connected with the Authors of books that our <u>HELP Program</u> has gathered. These books are foster care & adoption-friendly children's books.

Watch the video below to hear from Kayla herself and check back for <u>new books</u>.

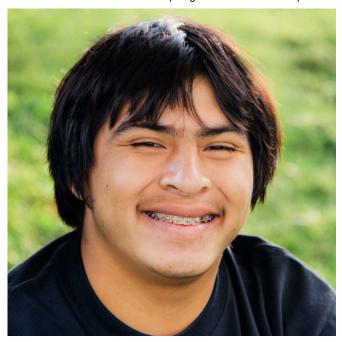
Tune in to our <u>Facebook page</u> on Wednesday, September 14 at 11 AM CST for a LIVE reading from Author, Michelle Madrid-Branch, reading her book, *Coco & Olive: The Color of Love.* **There will be a special giveaway - so don't miss this!**

We hope you enjoy this new series, happy reading!



Meet the Kids

Meet Fernando



Fernando,15, is smart, active, friendly, and respectful. He enjoys spending time with friends, eating out, and playing sports including baseball, football and basketball.

Fernando would benefit from a family who can teach him independent living skills as he gets older. He is comfortable with both single and two parent families as well as having other children and pets in the home. Fernando has Native American heritage and will need ongoing access to Tribal ceremonies, celebrations, powwows and activities.

Following adoption, Fernando will need to maintain contact with his siblings. ICWA applies, however all families are being considered at this time.

Inquire

Resource Corner

Back-to-School





It's time to zip up those backpacks, tie up those laces and sharpen those pencils. While there is excitement with going back to school, we know that is not always the case. We wanted to provide you with some helpful resources for the transition back to school.

- Here's a great tool to share with teachers to better support children with trauma histories and certain attachment patterns. So many tips for transitions, relationship support, regulating nervous systems and emotions, class activities and assignments!
- Effective back-to-school <u>strategies</u> for Parents
- Supporting Adopted Children with Special Needs in the <u>School Setting</u>
- Tip sheets for Teachers from NACAC
 - Supporting a Student Who Is Adopted
 - Supporting a Student in Foster Care
 - Supporting a Student in Kinship Care





Half Price MN ADOPT webinars in September:

Defiance & Disrespect: Battles with Homework and Chores

Presented by Brenda Benning, MSW, LICSW Tuesday, September 13th 2022

50% off with promo code BATTLES913 upon checkout

Learn more

When in Crisis!

Help for Families Formed Through Adoption & Kinship

Presented by Noelle Palmer, LMFT Wednesday, September 14th 2022

50% off with promo code PALMER84 upon checkout

Learn more.

Self-Injurious Behaviors: Mirrors In, Windows Out

Presented by Bruce O'Leary, MA, LMFT Tuesday, September 20, 2022

50% off with promo code SIB920 upon checkout

Learn more.

Community Connections

For more than a decade, **MN ADOPT** has collaborated with KSTP-5
Eyewitness News to produce a news
segment called Kid Connection.

We have always appreciated this longstanding partnership and invite you to view our recent interview on KSTP's newest show, Minnesota Live.





Wendylee Raun sits down with the hosts of Minnesota Live

Join us for the 25th Anniversary of Circus of the Heart



Minnesota Department of Human Services and MN ADOPT would like to invite you to participate in this year's Circus of the Heart!

Registration is now open! We have exciting things planned for you - so go register before October 10 and you'll also receive your very own CIRCUS BOX!

This year will look a little different - this year's event will take place on Zoom on Saturday, November 5 from 9 am-noon.

₩ Wait! There's more! If you register before September 30 you'll be entered in the early bird prize drawing! ♥

Register Today

On Race, Racism and Racial Justice

September is National Hispanic Heritage Month

This is an annual celebration in the United States that honors the history, culture, and contributions of Americans whose ancestry can be traced to 20 countries and one territory — which includes Mexico, Central and South America, the Caribbean, and Spain.

Find activities around the metro and more information here.

September 21st is International Peace Day

2022 Theme: End racism. Build peace. Learn more about this day here.



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