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Meet MN ADOPT

Check back each month to learn more about us and our organization!

Meet LaDonna *MN ADOPT Board Member*



How long have you been on the MN ADOPT Board?

May 2021

Why do you support our work or tell us why you value our work?

It's important for families to have resources to aid them in navigating what can be overwhelming situations when dealing with adoption, foster care, and kinship care. It's even more important to ensure people are aware of the need for supporting and loving families for Minnesota kids and what they can do to become one of those families.

What do you like to do for fun?

We love to travel, go camping and spend time at the cabin.

What is your favorite season and why?

Fall; I love to see the colors change and the smell of fallen leaves

Organizational Highlights

Education Program

**Join us for our upcoming Spring Summit!**

The Spring Summit offers a variety of workshops to help meet the needs of those on the frontline of foster care, kinship care, and adoption.

We've partnered with national speakers and experts to bring relevant, practical, and strategy-based workshops. Please join us for any or all of the workshops offered during our Spring Summit.

Let's Talk: A MN ADOPT Podcast is a podcast filled with valuable resources for prospective and current adoptive, foster and kinship families, as well as professionals.

Our Education Program has developed a Foster Care 101 Podcast Series.

This is a 13 part podcast series that includes topics beneficial to anyone exploring or providing foster care. These podcasts are specifically designed for potential foster and kinship providers, or foster parents currently providing care.

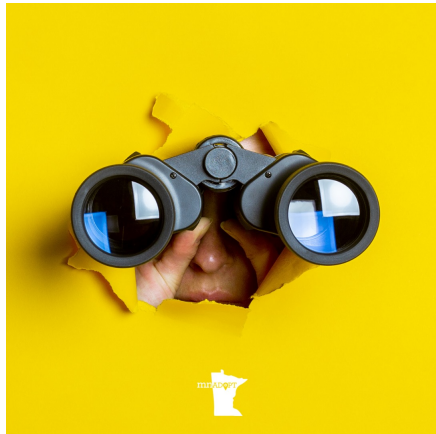
[View Schedule & Register](#)



**We're looking for
sponsors of our 5K!**

Could that be you?

Contact
5K@mnadopt.org or
[click here.](#)



Register for the 2nd Annual MN ADOPT 5K! A Fun Run/Walk to support Kids in Foster Care

We're getting together on Sunday, May 15th to raise money for kids in foster care!

Run or walk your way through a 5K with us. It's a great way to be active with your family while supporting Minnesota kids in foster care.

There will be a variety of resource tables to provide information about becoming a foster parent, supports & other topics of interest to adoptive, foster, and kinship families.

Proceeds will directly support MN ADOPT's [4th Annual Back-To-School Shopping event.](#)

Can't make it in person?

You can join us virtually from May 9 – May 15

REGISTER TODAY!

New! Zero Kids Waiting: Meet the Kids

Currently, in Minnesota, there are 641 children and youth that are waiting to be adopted. Our goal is zero kids waiting. Each month in the Insider, we will be sharing information about a child or youth in need of a permanent and loving home. Please help us share the need for loving homes in Minnesota.

Meet Jose



Jose, 17, is kind, respectful and personable, and forms good relationships with others. He likes reading comic books and graphic novels, being outside riding his bike, playing soccer or hanging out with friends. Jose also likes building and fixing things, electronics, playing video/computer games and figuring out how things work.

His favorite subjects in school are math, science and cooking and his favorite foods include cheeseburgers and tacos. Jose enjoyed taking college level culinary classes as a part of his high school curriculum. Upon graduation, he would like to attend school for culinary arts.

Jose's siblings are important to him, and he enjoys spending time with them. Following adoption, he will need to maintain contact with them. ICWA applies. All families will be considered.

[Learn more about Jose](#)

Resource Corner

Celebrating Women's History Month



March is **Women's History Month**, dedicated to the study, observance, and celebration of the vital role of women in American history.

64 Top Nonfiction Books to Read for Women's History Month *via Goodreads*

[Take a look at the list](#)

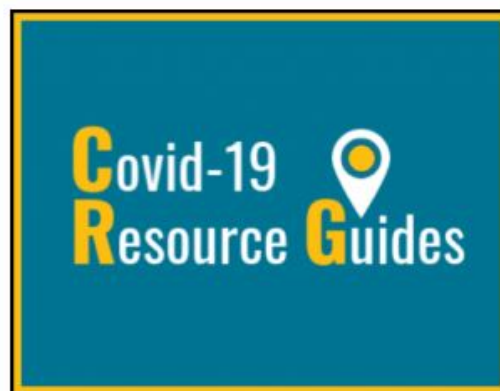


COVID-19 Family Resource Guide

This [guide](#) was created to highlight some resources that may be useful to your family.

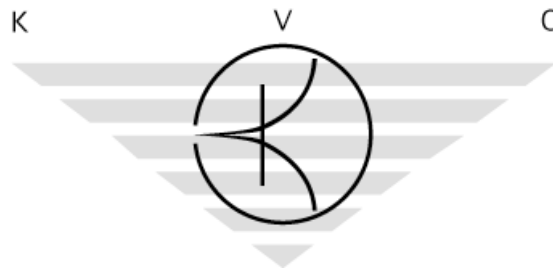
This is not meant to be a comprehensive guide and we encourage you to reach out to the MN Adopt HELP Warmline to get specific supportive resources for your needs and/or your family's needs.

If you have any questions about this resource guide or if you're looking for supportive services, please don't hesitate to reach out to the HELP Warmline by phone at (612) 746-5137 or by email at help@mnadopt.org.



Community Connections

Thank you to our 5K sponsors!



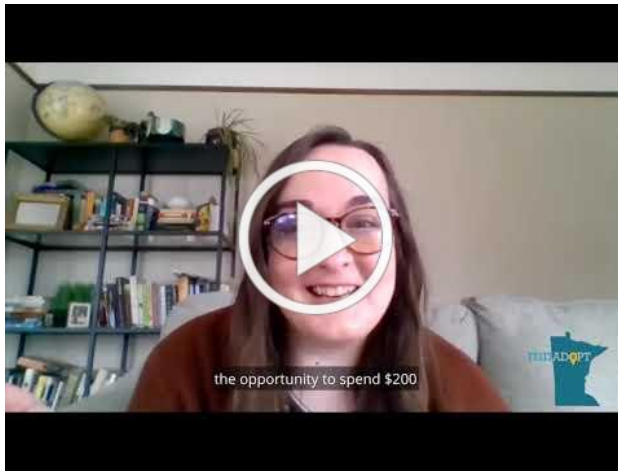
Become a sponsor! [Learn more.](#)

MN ADOPT's 4th Annual Back-to-School Fundraiser

MN ADOPT is, once again, raising money for children in foster care. For most kids, going back to school in September holds endless possibilities and offers a chance to start fresh.

However, for those in foster care, it can be a time of trepidation and wondering if they'll be able to join their peers in updating their wardrobe or school gear.

With your contribution, you'll be able to help a child join in on the excitement of back-to-school shopping.



Becca, from Nexus Family Healing, shares her experience with the back-to-school shopping event for the kids and what it really means to them.

Yes, I'd like to help

On Race, Racism and Racial Justice

Conversations With Your Children & Teens

Find more resources [here](#).

- [Teaching Tolerance](#) – Teaching Tolerance was created to help educators teach their students, but parents can also use this resource to teach valuable lessons in their home. “Cultivate positive identity formation, encourage students to confront racial and ethnic injustice, and prepare them to live and work together in a diverse world. Our resources can help you facilitate discussions about race and guide students through lessons on white privilege, economic inequality, mass incarceration, the complexities of identity and more.”
- [Child Trends](#) – Resources to Support Children’s Emotional Well-Being Amid Anti-Black Racism, Racial Violence, and Trauma
- [Center for Racial Justice and Education](#) – Online resources for talking about race, racism and racialized violence with kids.

- [Talking About Race \(National Museum of African American History & Culture\)](#) – Engaging content and resources for parents, caregivers, and educators to explore talking about race, racial identity, systems of oppression, self-care and much more.
- [They're Not Too Young To Talk About Race \(The Children's Community School\)](#) – Infographic highlighting how young children notice and think about race at various ages.
- [Raising Race Conscious Children](#) – Blog, interactive webinars and other resources for talking about race with young children.



Let's get social



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