

mnADOPT Insider

November is National Adoption Awareness Month

**November
2021**

Meet the Board

*FREE Webinars in
November*

*CIRCUS OF THE
HEART*

*Resource Corner:
Adoption
Awareness*

*Community
Connection:
Thank you Circus
of the Heart
Donors!*

*Give to the Max
Day*

*On Race, Racism
& Racial Justice*

Meet the Board!

Check back each month to learn more about us and our organization!

Meet Bradley



How long have you been on the MN ADOPT Board?

My first official meeting was in July of 2021. I was promoted to board secretary during our September meeting.

Why do you support our work or tell us why you value our work?

I first “met” my daughter while viewing her profile on MN ADOPT’s website. My husband and I were grateful to get to know



potential kids in an organized fashion. The website is a great place to start! As a same-sex couple adopting children, we appreciate the resources provided by MN ADOPT. We especially appreciate the growing number of staff in Greater Minnesota, as we live in a rural area.

What do you like to do for fun?

My family enjoys camping during the summer and traveling further south during the colder months. I am looking forward to COVID being under control more so we can cruise again! We love playing games at home. As a college instructor, I am a big fan of learning as well. :)

What is your favorite season and why?

Fall is my favorite season. My dad would take my brother and me camping every fall. Plus, fall is back-to-school season, and I've always loved school!



MN ADOPT's Education Program offering FREE webinars in November

Adoption Panel: Exploring the Adoptive Experience Through the Lens of Gender Identity and Sexual Orientation

Friday Nov 5 @ 10:30 AM

[Register](#)

When Trauma Walks Into Your Classroom (or Home)

Wednesday Nov 10 @ 6:30 PM

[Register](#)

Self-Care While in the Trenches

Give to the Max Day is coming up on November 18. Help us max out our goal to support the adoptive, foster care and kinship communities in Minnesota.

When you donate to MN ADOPT, you're joining us in our efforts to ensure that every Minnesota child has a loving, safe, and nurturing family.

Your donation will support our important work of finding homes for Minnesota children and supporting all Minnesota adoptive, foster care, and kinship families through ongoing education and support.

Help us reach our goal of Zero Kids Waiting. We are grateful for your consideration!

Give Today

Wednesday Nov 17 @ 6 PM

[Register](#)

[FOR PROFESSIONALS]

Moral Injury in Foster, Adoptive, and Kinship Arrangements

Thursday Nov 18 @ 10 AM

[Register](#)

[2-PART SERIES] The Couple Check-Up: Keeping Relationships Strong in the Adoption & Fostering Journey

Tuesday Nov 30 @ 6 PM

[Register](#)



24th ANNUAL CIRCUS OF THE HEART *is happening now!*

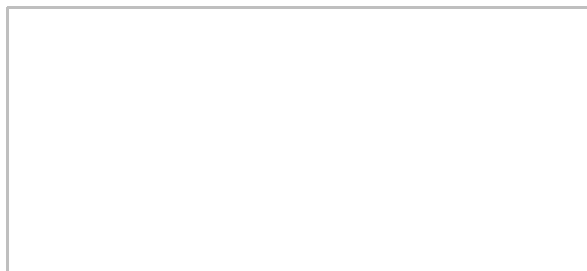
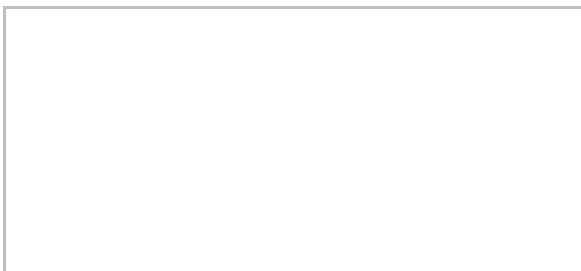
Join us as we celebrate National Adoption Awareness Month, honor families who have grown through adoption and kinship care, and provide information about adopting children and youth under state guardianship.

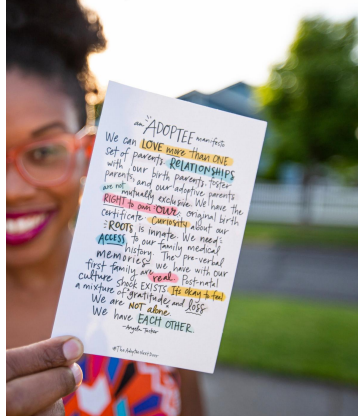
It's a fun-filled week for families who adopted foster children - including family activities, performances and contests for the kids! Those interested in adopting also can learn more this week about adopting children from foster care.

You can view each day's events on our [Facebook page](#) and [website](#) now through Sunday, November 7.

Resource Corner

Adoption Awareness





[Adoptee Manifesto](#) from
Angela Tucker



What Adopted Children Think You
Should Know

[The CORE Teen videos](#) (each 20-30 minutes in length) feature perspectives on a variety of core topics from professionals, resource parents, and young adults who have experienced foster care, kinship care, guardianship, or adoption.



The videos and discussion guides are intended for individual or group learning and are recommended for all current and prospective resource parents parenting children and youth of any age—as well as professionals who work with children, teens, and families who have experienced foster care, kinship care, guardianship, or adoption.



[Transracial Adoption](#)

Transracial adoption forever changes families and requires a commitment to lifelong learning. Prior to the placement and throughout the parenting journey, parents who have adopted transracially must commit to deepening their own understanding of

different races, cultures, and ethnicities in order to support their child or youth's exploration of race and culture. Parents should employ a variety of strategies to support healthy development for themselves and for their child. The following are examples of necessary practices:

- Understand the development of racial identity and how to proactively engage in conversations about race/ethnicity/culture and discrimination.
- Develop strategies to help prepare for and handle racism and microaggressions.
- Create opportunities for the child/youth to create relationships with role models and peers within their own race or culture.
- Commit to learning as much as possible about a child's family of origin in order to authentically integrate culturally relevant traditions, holidays, and rituals into daily home life.

Adoption has a lifelong impact on those who experience it. After an adoption is finalized, therapy can be a useful support to help adoptive families with challenges that may arise at different phases of life.

It is just one component of a range of services for adoptive families that can effectively address issues related to grief, attachment, or trauma.

This factsheet provides suggestions for finding an adoption-competent therapist and offers information about the types of therapy that can help adopted children and their families



MN ADOPT'S resource page - <https://www.mnadopt.org/resources/>

Community Connections

THANK YOU DONORS!

MN ADOPT gratefully acknowledges the support of the many donors of [Circus of the Heart](#). Thank you for your donation and supporting the foster & adoption community.



Aldi | Ampersand Families | Anoka County
Bakken Museum | Breadsmith | Cafe Latte
Cantebury Park | Choice Bank | Dave Walstad
Great Lakes Aquarium | Great Wolf Lodge | Home Depot
Kindred Nexus Family Healing | Kinokokis | Laura Kruizenga
Minnesota United | Minnesota Vikings | Mississippi Market
MN Wire | MPLS Bouldering Project | Pub 500
Rod St. Michael | Sheel's Sporting Goods
Shoreview Community Center
Showplace ICON Theaters | Swiftwater Adventures
MN Aire Adventure Park
Kelli Hanson | CHLSS | The Reel Hope Project

Give to the Max Day

November is such an exciting month. From Circus of the Heart, National Adoption Awareness Month, and our Education Program offering FREE webinars this month, we have a lot to celebrate.

November also holds Give to the Max day! This is a time for Minnesotans to donate to causes near and dear to their hearts.

Would you consider donating to MN ADOPT this year? It's because of our donors that we can continue our efforts to ensure that every Minnesota child has a loving, safe, and nurturing family.

Your donation will support our important work of finding homes for Minnesota children and supporting all Minnesota adoptive, foster, and kinship families through ongoing education and support.

Head over to givemn.org and search for MN ADOPT click the link below.

Give Today

A word from our Director

“

At MN ADOPT, our vision is Zero Kids Waiting for permanent loving families, but we need your help to make this happen. The contributions we receive during GiveMN, and throughout the year, are vital to ensuring we can provide much needed support and resources to adoptive, foster and kinship families, allowing them to better meet the needs of MN kids, now and into the future.

”

RACHEL WALSTAD



On Race, Racism and Racial Justice

More resources: <https://www.mnadopt.org/resources/on-race-racism/>



November is National Native American Month, which celebrates the history & contributions of Native Americans.

<https://nativeamericanheritagemonth.gov/>



Let's get social

