









**Donate** 



### In this issue:

### Meet the Board!

Check back each month to learn more about us and our organization!

Meet the Board: Cathy Bruer-Thompson

MN ADOPT Foster Care Campaign

Family Run/Walk Virtual 5K: A RECAP

Resource Corner: Family Summer Activities





How long have you been on the MN ADOPT Board?
I joined MN ADOPT January of 2015 after discussing it with Rachel Walstad

Community Connection: 5K Sponsors!

On Race, Racism & Racial Justice

### Why do you support our work or tell us why you value our work?

I have both professional and personal reasons for supporting MN Adopt. I have worked in the adoption field in several capacities since 1976. In Hennepin County, I was a guardianship worker for many years placing state ward children in adoptive families. These children always presented deep issues that often required a lifetime of supportive services, either directly or to the parents.

I also did adoption home studies before Hennepin County had any formal training. I witnessed the enormous need for more training and long term support. We were starting to recognize FASD's, the impact of trauma, attachment disorders, and a host of other issues. As a result I became the Adoption Training Coordinator for Hennepin County from 1995 to 2014. Initially I worked from the DHS curriculum, but it was out of date and insufficient. Therefore, I developed my own training curriculum to address the body of growing knowledge of issues adoptive families may face in parenting children from the child protection services and foster care. I also developed a curriculum for Relative and Kin Adoptive Families. I have a passion for providing the most accurate preparation and support for all adoptive families. Their job is huge, life long and often without the support, understanding and respite they need.

I was on the committee that developed the U of M PACC (Permanency and Adoption Competency Certificate) program for mental health and social workers state-wide in MN. We recognized the lack of professional training for working with permanency and adoption and the breadth of issues. If adoptive families and children were to receive appropriate and adequate professional services, those professionals had to be trained.

We are also an adoptive family. Our children were placed with us in the '80's from Children's Home Society and the State Adoption Exchange. We are so blessed to be a family!

#### What do you like to do for fun?

Read, garden, go to our cabin in Ely, be with family (my mother who is 96 all the way down to our wonderful grandchildren)!

#### What is your favorite season and why?

Fall: the crisp air, the angle of the light, the changing colors. Spring would be a close second the life coming back, things blooming and greening up



## **MN ADOPT Foster Care Campaign**

We are launching a 3 month online Foster Care Campaign to bring more awareness to our communities about foster care! Please follow us on <u>social media</u> and spread the word. Our goal is Zero Kids Waiting, and this will only help us get closer to that goal!

**Foster Today** 



**Wow! What a week!** When we began talking about the idea of having a 5K this year, we did not know what to expect. And can we say you have EXCEEDED any, and all, expectations! We are so grateful to you. For tying up those laces and showing up. For spreading the word and for your donations. We had 161 participants, 14 sponsors and raised \$12,400!!!

The \$12,400 raised is to support the Back-to-School Shopping Event for kids in foster care. We are THRILLED to report that we raised a total of \$43,672 for our Back-to-School

Shopping Event. We are able to give **218** kids \$200 EACH to go back-to-school shopping!! INCREDIBLE!

We cannot wait to bring this 5K to you IN-PERSON next year (details to come later this year) and cross that finish line together. All for the kids in foster care knowing they are cared for.

Thank you all!

# Resource Corner Summer Activities for the Family

# **Explore the Twin Cities** with Kids

From parks, events, and things to do, you can be sure to find something to get you and your family out of the house and active this summer!



**Start Exploring** 



### **Explore Minnesota**

Explore the great outdoors, art & culture and more!

**Explore Minnesota** 

# **Community Connections**

Thank you to our 5K sponsors!

# THANK YOU TO OUR SPONSORS!

American Family Insurance - Luke Beaverson
Baggin Solutions with Amanda Noyce
Comprehensive Financial Services - Joe Murphy
Cullen Cleaning
Designing Earth
Erickson, Bell, Beckman & Quinn, P.A.
Fleet Feet Minneapolis
Gold Leaf Tree Services
Harmon & Hartmon Financial Group
Home Helpers
JEB Locker Room
Luther Auto Group
State Farm Insurance - Ty Haschig
The Odd Couple - Keller Williams

# On Race, Racism and Racial Justice

Check out our online Resource Guide to find up-to-date information and resources!

On Race & Racism - Conversations with your Children & Teens, and Booklists on Race, Racism, and Anti-Racism

MN ADOPT Webinar Library - Race & Culture



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