

March 2020

DONATE

mnADOPT **Insider**

Featured this Month:

- **Who is MN ADOPT? Meet Andrea!**
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Who is MN ADOPT?

Check back monthly to learn a little more about us and our organization!



Meet Andrea!

What is your role at MN ADOPT?

I'm a HELP Specialist- supporting adoptive, foster, and kinship families, and other members of the community throughout Minnesota!

How long have you been at MN ADOPT?

I've been at MN ADOPT for 4.5 years!

What do you like to do for fun when you are not working?

I enjoy climbing, yoga, biking, singing, walking my dog, reading, listening to podcasts, and cooking! Doing any of these activities with my partner, friends or family members is just about as good as it gets!

Program Highlight

Zero Kids Waiting: All about Me!



MN ADOPT is excited to announce the launch of our All About Me feature as part of our Zero Kids Waiting Program.

Each month will consist of four weekly features for a waiting youth in MN.

Be sure to follow us on [Facebook](#) to help us raise awareness for the youth who are waiting for their forever home!

Meet this months featured youth



Featured Workshops in Greater Minnesota!





Beyond Consequences,
Logic & Control [4-Part
Series] (March 13-March
21, 2020)

ROCHESTER

Please join adoptive mother and skilled trainer, Brenda Benning, as she offers new perspectives into your child's behaviors, while offering real life techniques that can help regulate these same behaviors. This is a specialized training for families who are or may be parenting children with traumatic histories and/or attachment issues. This 16 hour series follows the model and book by Heather T. Forbes, "Beyond Consequences, Logic and Control." Parents and caregivers will have the opportunity to safely share their own experiences and



Surviving and Thriving:
Raising a Child with
Attachment Trauma
(March 13, 2020)

OWATONNA

Please join Deena McMahon and Krista Nelson during this 1-day LABS workshop (Learning Alternative Behavioral Strategies). This event is specifically designed to address the support and education needs of those parenting children with significant impairments and/or trauma issues with an emphasis on good self-care and humor! This training explores the unique experiences going on in your home and implements role play scenarios and class participation.

build a support system with other families who are living with the same unique experiences often found in adoptive, foster, and kinship families.

[Learn More/ Register](#)

[Learn More/ Register](#)

Resource Corner

Summer Camps available to you!



Adoption Focused Camps

UMOJA Black Heritage Camp – Evolve

UMOJA MN is a 3-day Black Heritage camp created to empower adoptive, kinship, and foster families, who are raising Black children. Campers get to build relationships with other Black campers and learn from teachers, artists, experts and entrepreneurs of color, while building positive racial identity development and having a safe place for honest conversation about race.

Websites to search for camps

American Camp Association

Search ACA's database for ACA-accredited camps:

<http://find.acacamps.org/>

Best Special Needs Camps

Over 18 Minnesota Special Needs Summer Camps listed with in-depth camp info:

<http://www.bestspecialneedscamps.com/best-minnesota-special-needs-camps.html>

Proof Alliance

<https://umojamn.org/>

Adoption Day Camp – CHLSS

Adoption Day Camp is a classic, summer camp experience that combines foster care and adoption-specific programming and traditional camp activities. Open to all adopted children and their siblings, regardless of placing agency.

<https://chlss.org/adoptiondaycamp/>

Camp Character--Family Foundations MN

This camp is run by a married couple who are adoptive parents and special education teachers who are passionate about providing a lot of support to adoptive families. For children ages 9-17. They have a 2 week, 1 week and 4 day camp option – bound to be a great experience – with support for you too!

<https://www.campofchampsmn.com/>

Resource directory of camps for children with special needs, specifically for children with FASD:
<https://www.proofalliance.org/directory-category/familycommunity/camps/>

Camp Resource.com

Directory of special needs camps in MN for kids and teens:

<https://www.campresource.com/summer-camps/minnesota/special-needs>

Very Special Camps

Another list of special needs camps (many will overlap with above list).

<http://www.verspecialcamps.com/Minnesota/Special-Needs-Summer-Camps.shtml>

U of MN Youth Central (K-12)

The U of MN offers hundreds of programs each year to engage youth in every corner of the state. Search by activity type, age, month, or location.

Website:

<https://youthcentral.umn.edu/programs>

YMCA Camps

Camp options and year-round activities for all ages across Minnesota:

<https://www.ymcamn.org/camps>

Kids Out and About (Twin Cities)

Central spot for all camp categories – Day, overnight, music, theater, dance, art, sports, special needs, religious:

<http://msp.kidsoutandabout.com/content/week-week-guide-summer-camps-twin-cities-area>

U of MN Youth Programs Summer Camp

University Youth Programs offer summer fun and activity in a variety of settings. Weekly day camps for youth ages 5-15.

<http://recwell.umn.edu/programs/youth-programs-summer-camp>

Community Connections



UMOJA MN

UMOJA MN is a Black Heritage camp that provides high-quality programming and excellent educational experiences based on African American culture and history to transracially adopted and foster youth and relative kin families in the MN community.

Through three weekend-long experiences each year, UMOJA MN educational team members bring curriculum, activities, and powerful experiences to campers that reinforce positive identity development, cultural awareness, and historical consciousness of campers of various ages. UMOJA MN provides safe spaces for campers to build community with other campers and families.

Learn more about UMOJA MN by visiting their [website](#)
Find them on [Facebook](#)
Follow them on [Instagram](#)



2nd Annual Back-To-School Fundraiser

We're kicking off the 2nd Annual Back to School Fundraiser and teaming up with Minnesota Sheriffs' Association again!



BACK TO SCHOOL



AUG
2020

SHOPPING EVENT
EMPOWERING
YOUTH



WWW.MNADOPT.ORG

Last year, we were able to send 57 kids shopping for back to school. This year, the goal is 200.

Be part of the team to give kids an experience to remember.

Will you join us?

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// CONNECT WITH US //



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